



ROCKY HILL COUNTRY DAY SCHOOL

2022 Lower School Summer Reading/Home Activities 2022-23 Books, Supplies & Materials

Summer Reading

Reading is one of the best summer (or any time) activities whether done independently, being read to, or reading to someone throughout the summer months. RHCD strongly recommends daily reading which helps students hone important skills developed during the school year, use and acquire background knowledge, as well as allow their imaginations to soar!

Summer 2022 is the time to #ReadOutside. All RHCD Lower School students had the opportunity to experience the pleasure of reading outside during library class in May. After spending 20 minutes reading and snacking in the sun, the students reported feeling "calm," "relaxed," "happy," and "grateful." On June 7th, Lower School students will have the opportunity to "shop" for free summer reading books. Each child brought home a summer reading tote filled with summer reading books. Please make #ReadingOutside part of your summer routine. It's a great way for your kids to maintain their reading skills while enjoying the beauty and serenity of the outdoors.

Tag your #ReadOutsideRHCD photos on social media or email them to wgustavel@rockyhill.org so that we can post them on RHCD social media channels. Let's show everyone how awesome summer reading can be!

If you have any questions about the #ReadOutsideRHCD program, please reach out to Ms. Gustavel at wgustavel@rockyhill.org or visit our [RHCD Library site](#).

Summer Home Activities

With the importance of students taking a well-deserved break to rejuvenate after a busy school year, be sure to provide opportunities for your child to play, engage their imagination, and enjoy the real-world learning surrounding them that is meaningful and lasting. Summertime provides a wealth of fun, enriching, and easy-to-access learning opportunities for children and adults. Meaningful learning across many disciplines transpires naturally when children are engaging with friends, participating in a variety of physical activities, exploring in the woods or at the beach, writing letters and sending postcards about summer vacation destinations or from your own backyard, keeping a writing and/or illustration journal depicting summer experiences, making lemonade and selling it at their own lemonade stand, visiting and conversing with relatives (young and old), as well as simply enjoying a day off.



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Though general recommendations may be made by classroom teachers for student review and practice, no formal grade-level summer assignments are given. We challenge our Lower School students to extend and apply their knowledge and skills, as well as to seek and create their own teachable moments! If additional practice is requested, our Lower School students will continue to have access to Lexia and IXL throughout the summer. Additional content-area games and apps for children are also available. **Remember to keep it relaxed and enjoyable!**

[25 Activities to Keep Kids' Brains Active in Summer](#)
[Ideas for Active Summer Learning](#)
[Summer Outdoor Activities That Are Fun and Educational](#)
[Simple Tips for Summer Math Learning](#)
[There's Nothing To Do](#)
[Summer Learning Activities for Kids](#)

Summer Mindfulness

Be sure you and your child also get the most out of special summer experiences by consciously “being in the moment”. Our school-wide commitment to mindfulness should not be overlooked during the summer months. Mindfulness practices are vital to getting the most out of the restorative benefits of a summer routine, especially if a busy one is expected! Keep in mind, these practices can be quiet, peaceful and reflective, as well as those requiring movement and more active participation and focus. The physical and emotional benefits of mindfulness are good for the body and the brain of all ages!

[10 Mindful Summer Activities to Do With Your Kids](#)
[A Mindful Summer Bucket List](#)
[6 Mindfulness Activities You Can Do as a Family](#)
[Mindfulness Activities for Kids and Parents](#)

2022-23 Books, Supplies & Materials

Books

Relevant books will be ordered by RHCD classroom teachers, including those based on student assessments.

Supplies & Materials

For all Lower School students the *Preschool, K-2 and 3-5 Supply Lists for Families to Select & Purchase* will be distributed via email as part of the Lower School Summer Letter, except for a few specific items that will be ordered directly by RHCD.