Welcome Back to Campus
Guiding Principles

Physical health and safety of all in the community

From the outset of our planning for a return to campus, the physical well being of all in the community has been our primary concern. We have developed structures and procedures which we will implement in conjunction with our families to work toward the safety of everyone.

Social-emotional well being

One of the hallmark elements of RHCD is our sense of community, where students can find and be their true, authentic selves. We believe the social-emotional wellness of each individual is paramount, and so we care for ourselves and for one another. We know that when we feel connected and resilient, we all function at our best.

Engaging, joyful, deep learning

Joyful learning is deep learning. At RHCD, our interactive, hands on approach enlivens learning and makes it more meaningful. Students can physically, intellectually, and emotionally spread out to explore open-ended questions and wide-open places, which encourages flexible and expansive thinking, reflection, and creativity.

Responsiveness and flexibility

If we have learned anything in this time of pandemic, it is that we need to be nimble and adaptable. We will continue to respond to the needs of our community and the changing circumstances in which we find ourselves with agility, good will, and an innovative spirit.

Clear, consistent, and transparent communication

Every situation is made easier to navigate with clear and timely communication. We pledge to provide this to our community.

Think Outside

We seek creative solutions, remain resilient, looking for unexpected positive outcomes in trying times, and reflect in order to achieve wider possibilities.
The RHCD Re-opening team has been working for months to imagine, and re-imagine with each changing tide, the various scenarios to safely bring students and faculty back to campus this Fall. Safety has been our primary concern with each potential plan, and given recent national trends related to COVID, we are even more keenly aware of, and responsive to, health and safety concerns.

With all of that in mind, we are proud to share that without sacrificing the social-emotional learning that we know is best for children, we have a safe plan, following all State guidelines, for each of the four scenarios presented in the State’s Re-opening Guidelines (below). The State has said they will determine the level under which we will operate at the start of the school year by mid-August; there may be some flexibility among schools.

At this time, it is our full hope and expectation that we will open under the Full in-person scenario, but we are prepared for whatever comes our way.

Our ‘think outside’ growth mindset, our spacious, pastoral campus, and our nimbleness allow us to meet the needs of our students and community!

Accordingly, we will update this document as needed.
How will RI reopen schools?

Potential scenarios

COVID-19 Community Spread

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<tr>
<th>Substantial</th>
<th>Moderate to Minimum</th>
<th>Minimum to None</th>
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<tbody>
<tr>
<td>Full Distance Learning for All</td>
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<td>- Circumstances require schools to remain closed to in-person instructions</td>
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<td>- All programming resumes vis distance learning until further notice</td>
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<td>Limited in-person Learning</td>
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<td>- General population resumes distance learning from home to prioritize in-person for some elementary OR transition grades</td>
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<td>- Prioritize in-person re-entry for vulnerable subpopulations as well</td>
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<td>Partial In-person Learning</td>
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<td>- Elementary and transition grades re-enter in-person (staggered entry preferred)</td>
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<td>- Prioritize in-person re-entry for vulnerable subpopulations also</td>
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<td>- Remaining groups begin with distance learning</td>
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<tr>
<td>Full In-person for All</td>
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<td>- Schools resume 100% in-person operations, with some social distancing protocols still required based on current health information</td>
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<td>- Distance learning is integrated with in-person programs &amp; utilized as necessary</td>
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Communications are frequent and ongoing at all levels. Health & safety information drive decision making. Every district should have a plan for instruction vis distance learning for students who are sick, quarantined, or not able to return to in-person learning.

For further information, visit reopeningri.com under Schools.

The Home to School Partnership

This partnership has never been more important than now! We need adults in the community to take responsibility for their family’s well being, and to stay abreast of, and to follow, Rhode Island guidelines and regulations both at home and on campus, in order to help protect the health and safety of everyone in the community. We will rely on parents to conduct health screenings at home, as directed by the State through the self-attestation program. The self-attestation form will be recorded by the family on an app each morning. More than ever, it will be imperative for families to keep children home who exhibit any signs of ill health. This will be strictly enforced.
Health and Safety Protocols

Cleaning

- We have added a daytime cleaner in addition to our nightly cleaning service. This person will regularly clean bathrooms and other high traffic areas throughout the school.
- Regular washing of desks, tables, equipment, and any shared materials will be conducted in shared classrooms and spaces.
- All students and employees will be reminded, verbally and with signage, to regularly wash hands.
- In line with research about air flow, we will not be using the air conditioning system in Flynn and we will equip every classroom and office with window fans to limit the viral load in rooms.
- Classrooms without exterior windows will not be used this year for classes. If a teacher uses the space as an office, no meetings will take place in that office. These spaces will be equipped with HEPA air filters.

Mask policy

We will require all employees and all students to wear masks, working to balance the social emotional as well as physical needs of all in the community.

Faculty & Staff

Masks are required inside any campus building and outside if not able to maintain at least 14 feet of distance from other people.

Masks are not required if you are inside your own individual classroom/office space with ventilation. If your space does not have outside ventilation, it should not be used for class, meetings, or student use. In general, meetings should be scheduled outdoors or virtually, if possible, or in designated meeting spaces where masks will be required. Designated meeting spaces: Hopelands Conference Room; Hopelands Living Room, Flynn Nautilus, Perkins Blue Room, Middle School Commons.

At this time, we anticipate being able to purchase a clear mask for all teachers. If we are able to execute on this, teachers will be expected to wear it when instructing students.
All Students Grades N - 12

Masks are required inside any campus building and outside if not able to maintain at least 6 feet of distance from people in your Stable Group or at least 14 feet of distance from people outside your Stable Group.

If a student is medically unable to wear a mask, a physician’s documentation is required. They must wear a clear plastic face shield that extends from above the nose to below the mouth.

If a student arrives on campus without a mask, one will be provided to them.

We recognize this may be uncomfortable for some students, and so will work with students of all ages to help them build tolerance and adjust to this requirement. Additionally, designated breaks will be scheduled throughout the day, where students can be outdoors and six feet apart to remove their masks. Masks are not required during lunch time.

If a student refuses to properly wear their mask, we will have an educational conversation with them about the importance of wearing a mask for everyone’s health, and attempt to understand what is causing the discomfort for the student. Certainly, this conversation will vary greatly depending on the age of the student, requiring more leeway for our younger students and those with particular needs. We recognize that a student’s social emotional health is very important, and we have to balance that with the physical health of the community. We will respond to individual situations with that perspective.

If circumstances change as we continue to monitor the COVID-19 situation, we may make changes to this policy.

Social Distancing

• If state regulations allow for Full in-person learning, then all students and faculty will be on campus, following social distancing and mask guidelines.

• If either the Limited In-person or Partial In-person Learning is implemented by the state, where Stable Groups or a reduced percentage of students on campus is necessary, then:

  • In the Upper School, we will divide students’ time on campus with a blended learning model, with different grades attending on-campus classes on different days and distance learning happening on the alternate days. (See the Academic Program section of this document for a full schedule).
  
  • All classes will be taught in Flynn Academic Center, Campbell Center, and outdoors.
  
  • Interior hallways will be given directional arrows to assist in one-way traffic flow.

  • In the Middle School, all students will be on campus every day in Stable Groups by grade level.

  • The students will be assigned a home classroom, and faculty will move for their classes.

  • All classes will take place in Gibson, Hale, and outdoors.

  • In order to maintain the Stable Groups, faculty will need to be socially distanced and always masked.

  • Where possible, classroom exterior doors will be used to allow for minimal cross-class exposure. Interior hallways will be given directional arrows to assist in one-way traffic flow.
• In the Lower School, all students will be on campus every day in **Stable Groups by grade level**.

• Lower School students will continue to receive instruction in their virtuoso classes (language, science, music, art, physical education, library) multiple times a week, varying by class.

• Virtuosos continue to teach all Lower School students in person, moving to their classes, wearing a mask, and staying socially distanced of 6’ or more since they will be connected to more than one Stable Group.

• Virtuosos will be connected to an individual Stable Group to better allow for social distancing as well as the student monitoring and classroom teacher support needed as a result.

• All classes will take place in the PreK building, Perkins, the Carriage House, and outdoors. Classroom access to exterior doors allows for minimal cross-class exposure.

• All faculty/staff not in a Stable Group will maintain 6’ distance and wear a mask at all times.

• We will maintain 6’ distance as much as possible in each indoor classroom setting. We achieve this by limiting class sizes and/or spreading a class into more than one classroom.

• We will take full advantage of our spacious campus by literally ‘thinking outside,’ using tents and tables to conduct classes outdoors as often as possible.

• Interior hallways will be given directional arrows to assist in one-way traffic flow.

• Our ability to spread out on campus means that should we have an outbreak, we may be able to close by Stable Group, or even by Division, without having to close the campus for all Divisions.

**Health Screenings**

• The State is requiring daily screenings of students and employees through a self-attestation form.

• RHCD has purchased an app that allows us to record these self-attestation forms daily.

• Before students are dropped off in the morning, or arrive if they drive themselves, they must submit the self-attestation form on the app.

• Parents/guardians will be given the opportunity to confidentially note any extenuating circumstances, such as seasonal allergies, which might impact the perception of a student’s health.

We will rely on parents’ transparency and consistency on these home health screenings for the health of our entire community.

**Sick Policy**

• Any students or staff experiencing symptoms of COVID-19 before the school day begins **must** stay home.

• If a student develops COVID-19 symptoms while at school, they will be taken to the school nurse and the isolation room immediately. **Parents/guardians will be notified to pick up the student within the hour.**

• We will have one location for students with injuries or non-COVID related illnesses, and another separate location to isolate suspected or confirmed COVID-19 cases.

• If a staff member develops COVID-19 symptoms while at school, they should inform the School Nurse and leave campus immediately.

• The Rhode Island Department of Education (RIDE) has issued a ‘prek-12 playbook,’ Outbreak Response Protocols, which outlines protocols for responding to illness in the school community.

**Visitors**

No visitors, including parents, other than external support personnel will be allowed into classroom buildings during this time. However, a special “adjustment protocol” as deemed necessary for our youngest students during the first few days of school will be shared.
Please review the entire playbook, but the following pages show some of the most pertinent information.

- It is particularly vital that each student’s **Emergency Contact** information be complete with contacts who are able to pick up the child **within 60 minutes of being contacted about a child needing to leave campus**.

### Absence Policy

We recognize that this year may be unusual in the number of absences that students have. Our current policy states that specific numbers of absences trigger a conversation between home and school. This policy will remain in place in order to continue to facilitate that partnership, but consequences for excessive absences will be taken on individual circumstances given the pandemic.

### Responding to a Positive Case or Outbreak

- Our ability to spread out on campus means that should we have an outbreak, we may be able to close by Stable Group, or even by Division, without having to close the campus for all Divisions.
- We will follow RIDE’s Playbook regarding responses to a positive case or outbreak.
- Our School Nurse, or other designated School personnel, will contact RIDOH immediately upon notification of a positive case.
- In collaboration with RIDOH, the Head of School will determine whether a Stable Group or Groups, a Division, or the whole school needs to close and for what period of time. If such a closure is determined, the School will thoroughly clean the work/classroom space.
- Communication about any closure will come from the Head of School and maintain confidentiality of personal health information.
- Our campus point of contact for RIDOH is Katy McNamara, School Nurse, kmcnamara@rockyhill.org.
Drop Off/Pick Up

- Lower School students will use the Portico for both drop off and pick up.
- Middle and Upper School students who do not drive themselves will use the back parking lot near the gym for drop off and pick up.
- Students may be dropped off beginning at 8:00 a.m.
- In the Lower School,
  - 8:00 - 8:15 am - Last Names A - H
  - 8:15 - 8:30 am - Last Names G - Z
- Before students are dropped off in the morning, or arrive if they drive themselves, a parent must submit the State’s Self-attestation Form on the app. Directions on how to use the app will be shared separately.
- RHCD Staff will be posted at each drop off point to verify that the Self-attestation form has been submitted.
- Students who drive themselves to school will park in the student lot, put on their mask, and go directly to their first classroom of the day. RHCD staff will be in Flynn or Campbell to verify that the Self-attestation Form has been submitted on the app.
- Students will go directly to their first classroom.
- Lower School Pick Up will begin at 3:15.
- Middle and Upper School will begin at 3:00 (2:15 on Fridays in the US).
- For LS and MS Pick Up, students will wait by Stable Group with a staff member.
- US students who drive themselves will be required to wear their masks until they get to their vehicles.

Bus Transportation

Local town bus transportation is available through Warwick, but not other towns at this time. RHCD is offering bus transportation to/from Providence and South County at 3:30 and 5:30 each day. You will need to register for bus transportation so that we can ensure enough room on the bus with safety protocols in place. There will be no drop in bus service available this year.
Recess/Breaks

There will be no scheduled Breaks for Middle and Upper School students. Rather, teachers will work breaks into transitions and long periods to have movement and snack breaks with snacks from home (no cafeteria snacks will be available this year, though lunch will be served). Recess time will be incorporated into the Lower School schedule following a set protocol. Additional break times will be scheduled by classroom teachers throughout the day.

Lunch

Dining service will still be provided by Brock, and families will still be required to purchase lunch service. Students will have a selection of several menu items from which they will choose in advance. Lunches will be eaten in the classroom or outside in Stable Groups. Should we move to Distance Learning at some point in the year, we will offer credits for lunch service as we did in the 2019-20 school year.

Library

The Library space will be closed to students this year as we use it for classroom space and minimize cross-exposure among Stable Groups. More information will follow about access to Library resources, depending on our reopening scenario.

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Student and family health and safety is of paramount concern and we will continue to monitor and update policies and protocols as information becomes available.

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Before and After School Programs

Our Early Bird program will not run at the start of the year. We will remain flexible so that if the situation changes later in the school year and we are able to open Early Bird safely, we will consider doing so.

Recognizing the value our Extended Day program offers to our families, we will operate this year, albeit under different parameters and protocols. We will:

• require families to apply for the program and commit to paying for the service for the year;
• base acceptance criteria on need due to parents/guardians’ work schedules;
• not allow a daily ‘drop in’ option;
• limit the number of students who can attend for safe distancing purposes;
• hold Extended Day in the cafeteria, gym, or other large space with students clustered 14’ apart by Stable Group.

Field Trips

Class excursions and field trips are an essential element of the learning experience at RHCD, so it is with great disappointment that we have determined that we will not be able to conduct any field trips, including the traditional class trips, at this time. Certainly, should circumstances change which would allow these to be undertaken, we will endeavor to do so.

School Calendar

We added Professional Development days to the calendar. Please go to our website, under the About section, to find a new School Calendar for the year.
On Campus Learning

- If state regulations allow for Full in-person learning, then all students and faculty will be on campus, following social distancing and other guidelines.

- If either the Limited In-person or Partial In-person Learning is implemented by the state, where Stable Groups or a reduced percentage of students on campus is necessary, then:
  
  - In the Upper School, we will use stable groups for students and divide students’ time on campus with a blended learning model, with different grades attending on campus classes on different days.

Academic Program

Upper School Learning Model

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<th>Rotation 1</th>
<th>Rotation 2</th>
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<tr>
<td>Intensive Class 1</td>
<td>Intensive Class 3</td>
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<td>Intensive Class 2</td>
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<td>Seminar</td>
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<td>Arts &amp; Languages</td>
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Rotation 1 Dates:

- **Semester 1:** September 8 - Nov 4
- **Semester 2:** January 19 - March 3
  
  May 3 - May 19

Rotation 2 Dates:

- **Semester 1:** November 5 - Jan 15
- **Semester 2:** March 4 - April 30
  
  May 20 - June 8
• The **intensive courses** - math, science, history and English - will be scheduled in person on specific days, with arts and languages courses, as well as course specific tutorial time with core teachers, scheduled on the alternate days and taught remotely. Families will be able to choose what is best for their child, so students may work on campus in a proctored study space or from home on the Art, Language, Tutorial (ALT) days.

• **9th and 10th Grade:** As younger students may be less independent in their work, and need more intentional relationship building, they will have intensive courses scheduled in person M,W,F with ALT days on Tu,TH.

• **11th and 12th Grade:** Students will have their intensive courses scheduled in person Tu,Th, asynchronous work with tutorials on Fridays, and ALT days on M,W.

• All classes will be taught in Flynn Academic Center, Campbell Center, and outdoors.

• Interior hallways will be given directional arrows to assist in one-way traffic flow.

• In the **Middle School**, all students will be on campus every day in Stable Groups by grade level.

• The students will be assigned a home classroom, and faculty will move for their classes.

• All classes will take place in Gibson, Hale, and outdoors.

• In order to maintain the Stable Groups, faculty will need to be socially distanced and always masked.

• Core academic courses (math, English, history, and science) will meet three periods per week, with two 90-minute periods and one 60 minute period.

• Language classes will meet for three one-hour periods per week, in person.

• Students will continue to have art, PE, and Health classes each week.

• Where possible, classroom exterior doors will be used to allow for minimal cross-class exposure.

• In the **Lower School**, all students will be on campus every day in Stable Groups by grade level.

• Lower School students will continue to receive instruction in their virtuoso classes (language, science, music, art, physical education, library) multiple times a week, varying by class.

• Virtuosos continue to teach all Lower School students in person, moving to their classes, wearing a mask, and staying socially distanced of 6’ or more since they will be connected to more than one Stable Group.

• Virtuosos will support individual Stable Groups, as needed, to allow for social distancing and the student monitoring and classroom teacher support needed as a result.

• All classes will take place in Perkins, the Carriage House, and outdoors. Classroom access to exterior doors allows for minimal cross-class exposure.

### Performing Arts

#### Theatre

Fall Drama has been postponed as we work to create safe programming for the dramatic arts this year.

#### Band

To avoid the safety concerns of playing brass and wind instruments, we will offer Introductory Guitar to our Middle School and 5th Grade band students. Additionally, our Band teacher will teach in person to Middle School students, wearing a mask and socially distanced of 6’ or more since he will be connected to more than one Stable Group. 5th Grade and Upper School Band will be taught at a distance.

#### Music and Chorus

In our Lower School, traditional music class will be taught in person with the teacher wearing a mask and socially distanced of 6’ or more since he will be connected to more than one Stable Group. In place
of Chorus in the Middle School, the students will take "Digital Music Creation," taught at a distance to avoid too much faculty crossover between divisions. Chorus in the Upper School taught at a distance.

Distance Learning

Even as we hope to be on campus, we recognize that some students may not be able to join us in person or may have periods of time when they are at home. We have invested in technology that will allow students at home to participate in class with their classmates.

- Teachers will return to using Google Classroom for posting assignments, collecting work, etc. rather than Veracross. LS and MS teachers may also use Seesaw. Teachers of international students will upload homework to WeChat for any students who are unable to return to the US for the start of school.
- We are purchasing a corporate Zoom account so that teachers and most administrators can use it for class and meetings.
- We purchased 20 OWL Pros, a video conferencing tool that can assist with remote options for teaching and learning.

Additionally, should the entire school need to move to distance learning, we are prepared to switch to that model quickly. The results of family surveys last year have guided us to make certain changes to how we deliver instruction, most notably in our move to Intensives in the Upper School and the daily schedule for each division. Teachers have participated in professional development around teaching both in longer blocks of time and at a distance. Professional Development will continue through the school year, for both large groups and individuals. While assessment reporting will be quite different from what it was in the spring, our approach will reflect what we have learned to be a meaningful distance learning experience for our students.

Assessment

- Assessments will vary as they always have for our students. Written, spoken, and product assessments remain our goal, differing by division and discipline, whether learning is in person or at a distance. We continue to emphasize inquiry based learning in its various permutations.
- RHCD students will return to the established progress reporting system we had prior to the pandemic, regardless of whether we are learning on campus or at a distance. This includes narrative comments for all students, as well as skill indicators in the Lower School and letter grades in the Middle and Upper Schools.

Academic Center for Enrichment

Academic support will be built into student schedules for all students who receive ACE services. This may be a combination of in-person and distance sessions. In addition, we believe that all students, including those who work with ACE, will benefit from the more individualized attention from teachers and structured tutorial support.

Substitutes

- Some subs are interested in working with us this year (checking on this). If we do not have available subs, other employees will act as subs or, when possible, the class will be taught remotely.
- Sub spaces:
  - The gym could be used for up to 4 MS/US classes at once with dividers, allowing for the 14’ distance required between Stable Groups.
  - This would prevent a substitute from entering multiple other classrooms. S/he could stay in the gym and have classes rotate to the gym, with cleaning in between.
- Substitutes would be masked and stay 6’ distanced from students.
Athletics & Co-curricular

The RHCD Athletics Fall 2020 Plan has been created using resources and guidelines from the Rhode Island Department of Health, the CDC, and the National Federation of State High School Associations. Our goal is to balance the social, emotional, and physical needs of our students while supporting RHCD’s goal of delivering safe in-person education.

In each of the four scenarios below, we will offer robust programming for our student-athletes which will allow them to continue to develop as athletes, as teammates, and as leaders.

Fall Drama has been postponed as we work to create safe programming for the dramatic arts this year.

**UPPER SCHOOL ATHLETICS**

**Preseason Camp**

**Aug 17 – Aug 29, Monday – Thursday**

During this time, each sport team (Girls Soccer, Boys Soccer, XC, Sailing, Field Hockey) acts as its own stable group.

- Sports teams will each have separate spaces with separate equipment, which will be sanitized after each session.
- Session times will be staggered to allow for verbal attestation and player arrival/departure
- No indoor space will be used
- Teams will be allowed to practice/scrimmage amongst their team up to the level determined by RI DOH
- Up to four absences are allowed during preseason camp in order to remain a team member in good standing, excluding absences due to health screening results.

**Week of Aug 17**

- **Field Hockey** - 9 am - 12 pm
- **Boys Soccer** - 8:30 am - 11 am
- **Girls Soccer** - 9:30 am - 11:30 am
- **XC** - 7:30 am - 9:30 am

**Week of Aug 25**

- **Field Hockey** - 4 - 6:30 pm
- **Boys Soccer** - 5:30 - 8:30 pm
- **Girls Soccer** - 5 - 7 pm
- **XC** - 7:30 am - 9 am
- **Sailing** - 5 - 7 pm

**Regular Season Begins – September 8 – October 30**

There will be no after-school athletics the week of September 2 as we settle into our school routines and pick up procedures.
If RHCD is in Full In-Person Model

- Teams are comprised of grades 9 - 12, who can practice and scrimmage together
- Practices are 3:30 - 5:30 pm, Monday - Friday
- A shorter game schedule will be set up against other schools who are following similar health/safety guidelines as our community, if permitted by RI DOH

If RHCD is in Partial Model

Practices will be held after school Mondays - Fridays from 3:30 pm - 5 pm, with the exception of Sailing, which will be held Monday, Tuesday, Wednesday 3:30 - 5:30 pm. All athletes must be picked up promptly at the end of their practice.

Soccer

- Athletes are expected to stay after school on their in-person school days for sport. 4 absences are permitted over the course of the season, excluding preseason and absences related to health screening results.
- Athletes who choose to attend school on their ALT day may also attend practice and will be kept in their own stable group. Absences on an ALT day do not count towards permitted absences. Tuesdays, Wednesdays, and Thursdays ALT groups will be strength and conditioning training with Coach Tucker.
- Non or light contact practice activity can happen between 9&10th or 11&12th graders
- Full contact practice activity can happen only within grade groups

FRIDAYS

5 v 5 Round Robin Tournament Games
Depending on current health guidelines, games will be co-ed with RHCD Boys and Girls Soccer and will either remain in grade groups, or may extend to partner grade groups (for example, 9&10th grade may be permitted to play against each other, or play may be limited to only 9th grade).

There will be opportunity for athletes to have these sessions (or training sessions) filmed for use in college recruitment.

Field Hockey

- Athletes are expected to stay after school on their in-person school days for sport. 4 absences are permitted over the course of the season, excluding preseason and absences related to health screening results.
- Athletes who attend school on their ALT day may also attend practice and will be kept in their own stable group. Absences on an ALT day do not count towards permitted absences. Tuesdays, Wednesdays, and Thursdays ALT groups will be strength and conditioning training with Coach Tucker.
- Full contact practice activity can happen between 9&10th or 11&12th graders

FRIDAYS

3 v 3 Round Robin Tournaments w/ GK style coed games, officiated.
Only 9/10 play each other and 11/12 play each other. There will be opportunity for athletes to have these sessions (or training sessions) filmed for use in college recruitment.

Cross Country

- Athletes are expected to stay after school on their in-person school days for sport and may also join the team on their ALT days. Absences on an ALT day do not count towards permitted absences. 4 absences are permitted over the course of the season, excluding preseason and absences related to health screening results.
- Runners are kept 6 feet apart at all times, all grades may practice and race together
- Races with staggered start times against other schools if permitted by RI DOH (ie. Rocky Hill runs the course at 4 pm, SAS runs it at 4:30 pm to reduce passing). These will likely be scheduled on Saturdays to avoid using buses with mixed grade team.
Sailing

- Athletes are expected to stay after school on their in-person school days for sport and may also join the team on their ALT days. 4 absences are permitted over the course of the season, excluding preseason and absences related to health screening results.

- Sailors will wear buffs at practice and will only share boats with those in similar grade groups.

- If permitted by RI DOH, Sailing will seek small competition experiences against local groups.

If RHCD is in Limited-In Person Model

Practices will be held Monday – Thursday, 3:30 – 5 pm, with the exception of Sailing, which will be held Monday/Tuesday/Wednesday 3:30 - 5:30 pm.

- In all sports, practices drop to being no-contact events focused on fitness and skill development. These practices are supplemented with sessions in Sport Psychology and Leadership Training.

- Athletes are expected to stay after school only on their in-person school days for sport. 4 absences are permitted over the course of the season, excluding preseason.

If RHCD is in Distance Learning Model

- Equipment such as cones and balls will be dropped at players homes and checked out for the season.

- Teams must hold at least three virtual team sessions per week. At least one of them must be an active session. Attendance at these will count towards completion of the season.

- Team trainings will be supplemented with sessions in Sport Psychology and Leadership Training

- Teams must complete at least a 6 week “season”

- Teams must have a sport specific at-home fitness and skill plan for players to follow along with

- If permitted by the state, teams may have Saturday events scheduled at RHCD which will be no-contact training sessions with Coach present
MIDDLE SCHOOL ATHLETICS

This fall, from September 14 - October 23, we will be running a fall MS sport season that may look a little different, but will still be rooted in the hallmarks of our middle school athletics program - which is building young athletes who love the game and who are developing not only sport skills, but also skills in resiliency, effort, and pride.

If RHCD is in Full In-Person or Partial In-Person Model

Mondays - Thursdays, 3:30 - 5 pm

Athletes will be kept in grade-specific groups at practice when engaged in moderate contact activity. No contact activity will be allowed for mixed groups staying 6 feet apart.

Monday - Soccer OR Field Hockey Skills & Drills
Tuesday - Boys Lax OR Girls Lax Skills & Drills
Wednesday - Soccer OR FH Small Sided Games within Grade Groups (or full MS group if in Full In-Person Model)
Thursday - Boys Lax OR Girls Lax Small Sided Games within Grade Groups (or full MS group if in Full In-Person Model)

If RHCD is in Limited In-Person or Distance Learning

There will be no after-school MS Athletics.

GENERAL POLICIES FOR UPPER AND MIDDLE SCHOOL ATHLETICS

In all of these plans, masks must be worn on the sideline, in line, and during any time that the athlete is not in motion but is within 6 feet of someone else. Masks are encouraged while in motion during contact activity. Coaches will wear masks if they are closer than 14 feet to anyone.

Students are being encouraged to come to school dressed for not only the physical activity and outdoor classes that will take place during the day, but also for their after school sport. Locker rooms will be closed for the fall season and we want to limit the amount of changing that has to take place after school, aside from footwear.

Athletic training services must be made by appointment. Art will set a taping table up outside.

RHCD will not provide water bottles. We will provide coolers of water for athletes to fill bottles and hand sanitizer at each cooler.

Players will be discouraged from touching school equipment (balls, cones, goals) with their hands. Equipment will be handled by coaches and sanitized at the end of each session.

We will not hold any indoor practices or team meetings this fall. If there is severe weather, we will cancel after school activities before 12pm that day.

If Upper School students want to participate in sports on their ALT days, they must attend school that day, aside from Fridays in the Partial In-Person Model. On these Fridays, we will offer an additional check in/screening for ALT students who would like to participate in the intramural tournament play at 3 pm.
Critical to our students’ success is our attention to their social-emotional health. The combination of our embedded mindfulness program, our advisories, and our personalized instruction means that our students are known. Whether hybrid or full distance learning, students will be expected to attend class regularly, complete all assignments, and successfully complete assessments. Classroom teachers, advisers, division heads, and the Director of Counseling & Wellness will continue to monitor students for their academic progress as well as their social emotional well being. When a student concern arises, our Student Support Teams gather information and implement a plan to assist the student and family.

Additionally, we are committed to caring for our employees. We offer “Mindfulness Boosters,” professional development about self-care, and the Employee Assistance Program.

The results of our employee and family surveys will help us to address any social-emotional needs that we can.

Our Director of Counseling & Wellness, Traci Fairchild, can be reached at tfairchild@rockyhill.org.
The Head of School remains committed to communicating as often as necessary, and no less than once a month, regarding any changes to our operating plans.

If you have any questions, please don’t hesitate to reach out to:

- Diane Rich, Head of School, drich@rockyhill.org
- Martha Cunningham, Chief Operating Officer, mcunningham@rockyhill.org
- Patty Pontarelli, Lower School Division Head, ppontarelli@rockyhill.org
- Mike Jedrey, Middle School Division Head, MJedrey@rockyhill.org
- Brady Wheatley, Upper School Division Head, bwheatley@rockyhill.org
- Traci Fairchild, Director of Counseling & Wellness, tfairchild@rockyhill.org

*Updated July 21, 2020*