

Summer Home Activities

With the importance of students taking a well-deserved break to rejuvenate after a busy school year, be sure to provide opportunities for your child to play, engage their imagination, and enjoy the real-world learning surrounding them that is meaningful and lasting. Summertime provides a wealth of fun, enriching, and easy-to-access learning opportunities for children...and adults. Meaningful learning across many disciplines transpires naturally when children are engaging with friends, participating in a variety of physical activities, exploring in the woods or at the beach, writing letters and sending postcards about summer vacation destinations or from your own backyard, keeping a writing and/or illustration journal depicting summer experiences, making lemonade and selling it at their own lemonade stand, visiting and conversing with relatives (young and old), as well as simply enjoying a "day off".

[Rethinking Summer Vacation Homework](#)

[The Crush of Summer Homework](#)

Reading is one of the best summer (or any time) activities whether done independently, being read to, or reading to someone throughout the summer months. RHCD strongly recommends daily reading which helps students hone important skills developed during the school year, use and acquire background knowledge, as well as allow their imaginations to soar! Lower School Summer Reading is now available on Mrs. Gustavel's [RHCD Library Webpage](#). Included is a short video from Mrs. G introducing ways to make summer reading fun, as well as recommended book and podcast lists, resources for families, a Padlet that your child can use to share their summer reading recommendations, and information about summer story time. There is also access to summer story time videos on Mondays and Thursdays!

[Lower School Summer Reading](#)

Though general recommendations may be made by classroom teachers for student review and practice, no formal grade-level summer assignments are assigned. We challenge our Lower School students to extend and apply their knowledge and skills, as well as to seek and create their own "teachable" moments! If additional practice is requested, our Lower School students will continue to have access to LEXIA and IXL throughout the summer. Additional content-area games and apps for children are also available. **Remember to keep it relaxed and enjoyable!**

[10 fun ways to keep your child learning this summer](#)

[25 Activities to Keep Kids' Brains Active in Summer](#)

[Ideas for Active Summer Learning](#)

[Simple Tips for Summer Math Learning](#)

[The 8 Best Math Apps for Kids](#) [Plus links to other games and apps!](#)

[There's Nothing To Do](#)

[Summer Learning Activities for Kids](#)

Be sure you and your child also get the most out of special summer experiences by consciously “being in the moment”. Our school-wide commitment to mindfulness should not be overlooked during the summer months. Mindfulness practices are vital to getting the most out of the restorative benefits of a summer routine, especially if a busy one is expected! Keep in mind, these practices can be quiet, peaceful and reflective, as well as those requiring movement and more active participation and focus. The physical and emotional benefits of mindfulness are good for the body and the brain! And, yes, this should be part of the summer home activities for grown-ups, as well!

[10 Mindful Summer Activities to Do With Your Kids](#)

[A Mindful Summer Bucket List](#)

[5 Mindfulness Activities You Can Do as a Family: Want to make mindfulness a family priority? Bring focus and peace with these powerful practices.](#)

[Five Mindfulness Activities for a Sensational Summer](#)

[Mindfulness Activities for Kids and Parents](#)

[15 Mindfulness Activities for Kids...That They'll Love!](#)

Books, Supplies & Materials

Books: Relevant books determined by student assessments for **Preschool-Grade 5** are ordered by RHCD on an as needed basis throughout the school year.

Supplies & Materials: For **Preschool-Grade 2**, classroom supplies and materials are ordered by RHCD. Except for a few specific items that will be ordered directly by RHCD, the **Grade 3-5** classroom teachers will distribute, via email in July, a list of classroom supplies for students to select and families to purchase on their own.

For all classes and grades, items include those used for distance learning, if necessary. At that time, access to a home printer and white printer paper are recommended though not required.